

# COSI by Louis Nowra

"MAD ACTORS ARE BAD
ENOUGH, BUT MAD MEN..."



### SUMMATY

In a burnt-out old theatre adjoining the grounds of a mental hospital in 1970s Australia, a motley crew is assembling. Corralled by the manic depressive Roy – in equal parts endearing and insufferable – and encouraged by social worker Justin, the eccentric group of patients is attempting to stage a production of Mozart's opera, Cosi fan Tutte.

Fresh out of university and somewhat adrift, *Lewis* has agreed to direct the amateur production, but between the impossibly elaborate artistic vision of *Roy*, the laborious obsessive compulsion of *Ruth*, the escapist tendencies of pyromaniac *Doug* and the small hurdle that no one can sing, *Lewis* has his work cut out for him.

Against a backdrop of political activism during the Vietnam War, *Lewis* begins to realise what truly matters to him, as he works outside the box to get this unusual production off the ground. The more time he spends with these patients, the more he realises they understand something his friends on the outside don't.

### mental health timeline

1971

### Life Inside:

- Psychiatric hospitals were the primary form of care.
- Patients were often institutionalised for years.
- Treatments included ECT and strong sedatives.
- Mental illness was heavily stigmatised.

### **Change Begins:**

- National Mental Health Strategy introduced.
- Shift to communitybased care and patient rights.
- Public campaigns to reduce stigma.

1990's

"They're normal people who have done normal things, it's just that they think differently."

— Cosi,

Louis Nowra

2025

### Today's Landscape

- 1 in 5 Australians live with a mental illness annually.
- Services are communitydriven and digitally accessible.
- Youth mental health and suicide prevention are priorities.
- Stigma is lower but challenges remain.

# Cast



**Lewis**Mitchell Sawmadal



**Lucy** Skye Coffey



**Nick** Charlie Mills



<mark>Nick</mark> Toby Harrison



**Roy**Jasmine Nicholls



**Doug** Cameron Walker



Cherry Isabella Lemmon



**Cherry** Charli Bokas



<mark>Julie</mark> Lilian Reid



<mark>Julie</mark> Jennifer Cooper

# cast



<mark>Henry</mark> Skye Little



**Zac** Finn Mitrou



Ruth Rebecca Van Heek



Ruth Yasmin Utting



Justin Blake Chiricosta



Justin(e) Amity Miller



**Interviewer** Riley Stephens



<mark>Interviewer</mark> Taj Stokes

What's on next for the Performing Arts?



AUGUST



**SEPTEMBER** 



NOVEMBER







